

经导管主动脉瓣置换术后并发症的防治研究进展*

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摘要 根据国际最新心脏瓣膜病管理指南, 经导管主动脉瓣置换术(TAVR)是重度主动脉瓣狭窄的主要治疗方式。随着TAVR手术应用于更多人群、瓣膜研究学术联盟共识-3(VARC-3)对临床事件的重新定义, TAVR术后的并发症需要得到更多的关注, 因此, 本文就血管并发症、冠脉阻塞、新发传导阻滞、脑卒中和脑保护装置、瓣叶血栓和瓣叶衰败等并发症的研究进展作一综述, 以增加临床工作者对TAVR术后并发症的认识。

关键词 导管主动脉瓣置换术; 并发症; 临床事件; 瓣膜研究学术联盟共识-3

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Advances in prevention and treatment of complications after transcatheter aortic valve replacement ZHOU Dao, QI Xin-rui, ZHU Qi-feng, DAI Han-yi, LIU Xian-bao*, WANG Jian-an. Department of Cardiology, Second Affiliated Hospital, Zhejiang University School of Medicine, Hangzhou 310000, China

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Abstract Transcatheter aortic valve replacement (TAVR) is an important treatment for severe aortic stenosis according to the updated guideline of valvular heart disease. As Valve Academic Research Consortium-3 has updated the definition of the clinical events and there would be more patients receiving TAVR in the future, clinicians should pay more attention to complications after TAVR. This study reviews the advances and frontiers in TAVR's complications such as vascular complications, coronary obstruction, new-onset conduction disturbance, stroke and cerebral protection device, valve thrombosis, structure valve deterioration and bioprosthetic valve failure etc, in order to increase the understanding of complications after TAVR.

Key words Transcatheter aortic valve replacement; Complications; Clinical events; Valve academic research consortium-3

主动脉瓣狭窄(aortic stenosis, AS)是严重威胁老年人健康的一种常见疾病, 重度AS患者一旦出现相应临床症状, 往往预后极差, 主动脉瓣置换手术是其主要治疗方式。经导管主动脉瓣置换术(transcatheter aortic valve replacement, TAVR)作为一种创伤极小的创新性技术, 自2002年初次临床应用以来得到快速发展^[1]; 根据胸外科医师协会(Society of Thoracic Surgeons, STS)数据库的数据, 目前行TAVR治疗的重度AS患者人数已经超过接受外科主动脉瓣置换(surgical aortic valve replacement, SAVR)的患者^[2]。随着TAVR应用于更多人群, TAVR术后并发症的关注度日益提升, 且近期瓣膜研究学术联盟共识-3(Valve Academic Research Consortium-3, VARC-3)对部分并发症进行了重新定义^[3], 因此, 本文就TAVR术后并发症的研究热点及进展进行概述。

血管并发症

TAVR术后血管并发症发生率约为6.8%~

32.8%^[4~6]。根据PARTNER 1研究数据, 严重血管并发症的发生率为15.3%, 包括血管夹层(62.8%)、穿孔(31.3%)和穿刺部位血肿(22.9%), 与更多的30d大出血、输血和肾衰竭发生率相关, 是1年死亡率的独立预测因子, 而轻微血管并发症(11.9%)不影响临床预后^[4]。外周血管并发症与血管穿刺、闭合操作密切相关, Potluri等^[7]的一项倾向性匹配研究(propensity-score matched study, PSM)提示, 超声引导下穿刺的血管并发症发生率较造影引导更低(7.9% vs 14.2%)。血管闭合阶段, 血管缝合器闭合是目前使用最广泛的方法, 外科手术闭合亦较为常用。总体来说两者具有相似的血管并发症风险, 然而在患有外周血管疾病的女性中手术闭合似乎更优^[8]。此外, 血管并发症的危险因素还包括较大的鞘管与穿刺股动脉直径比值、女性、体重指数(body mass index, BMI)较大等^[9,10]。随着输送鞘管直径的缩小、各中心经验的积累以及更多低危患者接受TAVR手术, 2011-2016年血管并发症发生率由15%~20%下降至约

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7%^[11],在最近的低危患者随机对照试验(randomized controlled trial, RCT)中严重血管并发症的发生率仅2.2%~3.8%^[6,12]。

瓣膜位置异常

瓣膜位置异常包括瓣膜移位(valve migration)、瓣膜栓塞(valve embolization)、异位瓣膜植入(ectopic valve implantation)。在瓣膜释放的过程中可能出现瓣膜上弹或下滑,称为瓣膜移位。若瓣膜释放后彻底脱离瓣环弹入主动脉或心室即为瓣膜栓塞,常需要紧急转外科手术。一项包括29 636患者的研究显示,瓣膜移位和栓塞的发生率为0.92%,其中79.5%进入升主动脉,20.5%进入左心室,与显著增加的30 d死亡率和脑卒中发生率有关^[13]。若瓣膜最终释放位置位于主动脉根部以外区域(如主动脉弓、腹主动脉)称为异位瓣膜植入,小样本回顾性研究尚未发现异位瓣膜植入对预后的影响^[14,15]。随着新一代可回收器械在临床上更加广泛的使用,可以预料瓣膜位置异常导致的瓣中瓣植入和紧急转外科的发生率将明显降低。

冠脉阻塞

冠脉阻塞是近来倍受重视的严重并发症,瓣膜支架、原生瓣叶和瓣叶钙化均可阻塞冠脉开口导致冠脉闭塞。冠脉阻塞发生率较低,一般<1%,由于左冠开口常较右冠更低,左冠闭塞相对较为多见^[16]。Ribeiro等^[16]发现,冠脉开口距瓣环的高度<12 mm、冠脉窦最大处直径<30 mm是冠脉阻塞的高危因素,同时具备这两种高危因素的患者中有86.7%发生了冠脉阻塞。他们还发现在生物瓣膜衰败行瓣中瓣TAVR手术的患者中冠脉阻塞的发生率相对较高,约2.3%,其中带有金属支架的衰败瓣膜的患者行瓣中瓣治疗更容易发生冠脉阻塞^[17]。通过在重建CT冠脉开口层面上测量衰败瓣膜的金属支架距离冠脉开口的距离(valve to coronary ostium distance, VTC)可以评价行瓣中瓣TAVR患者的冠脉风险,VTC<4 mm提示存在较高的冠脉阻塞风险^[17]。此外,球囊预扩张时关注冠脉显影也是一种判断冠脉闭塞风险和是否需要冠脉保护的有效方法。针对冠脉阻塞高风险患者,可考虑行烟囱支架、导丝保护和生物瓣膜或自体主动脉瓣扇形撕裂预防医源性冠状动脉阻塞技术(bioprosthetic or native aortic scallop intentional laceration to prevent iatrogenic coronary artery obstruction, BASILICA)^[18]来预防

冠脉阻塞的发生^[19]。约0.2%的患者会出现TAVR术后迟发性冠脉阻塞,其中47.4%发生于24 h内,36.8%发生在TAVR手术7 d后^[20]。对于TAVR术后患者,除原生瓣膜可对冠脉再介入造成阻碍,植入的瓣膜支架结构也会进一步提升冠脉再介入的手术难度。目前有研究提示可以通过术中特殊的瓣膜植入对位技巧来降低再介入难度^[21],但仍有待深入研究更优解决方案。

循环崩溃

主动脉根部破裂、心脏穿孔、冠脉阻塞、瓣膜移位等并发症均可导致循环崩溃,常需紧急转外科。一项多中心研究发现,27 760例患者术中紧急转外科的发生率为0.76%,而72 h死亡率达34.6%^[22]。对于病情危重患者,术中球囊扩张、导丝跨瓣、快速起搏、瓣膜释放等各环节均可出现血流动力学不稳定,此时快速平稳地释放瓣膜和同步心肺复苏是处理循环崩溃的关键。循环辅助装置如体外膜肺氧合(extracorporeal membrane oxygenation, ECMO)、左室辅助装置及主动脉球囊反搏等也是挽救生命的重要手段。有文献提示对于危重患者术前预防性使用循环辅助装置较术中紧急使用预后更好^[23],但其使用时机及确切疗效尚待大样本研究进一步探索。

脑卒中

TAVR术后脑卒中在主要RCT研究中发生率为0.6%~5.4%^[24],约1/3脑卒中发生在TAVI手术当天,80%发生在TAVI后的第1周内,一旦发生显性卒中,30 d死亡风险较未发生卒中患者高6倍^[25]。无症状性脑卒中表现为术后头颅DWI上的新发高信号梗死病灶而无相应的临床症状。一项2021年发表在欧洲心脏病学杂志的荟萃分析显示,超过70%患者术后存在至少1个新发高信号病灶,且高信号病灶个数与认知功能的下降相关^[26],而VARC-3指南同样较VARC-2增加了隐性中枢神经系统损伤的评价^[3],提示术后的无症状性卒中同样需要得到更多的重视。

目前认为,合并糖尿病、肾功能不全、球囊预扩张、选择非经股动脉入路等多项因素与术后脑卒中相关^[26, 27],而TAVR术中的栓子脱落形成脑栓塞是患者术后发生缺血性脑卒中的主要病因,Schmidt等^[28]使用脑保护装置(cerebral protection device, CPD)的研究发现,几乎所有的患者均可以捕捉到碎片,栓子的病理类型包括主动脉壁、瓣叶组织、急性

血栓、钙化等,因此,使用脑保护装置可能是减少脑卒中发生的可行措施。一项荟萃 SENTINEL US IDE、CLEAN-TAVI、SENTINEL-UIm 研究的 PSM 研究提示使用 CPD 可减少 65% 的围术期脑卒中发生^[29]。此外,一项对国家住院样本数据库 36 220 例患者进行 PSM 研究同样发现使用 CPD 组的缺血性卒中发生率显著较对照组更低(1% vs 3.8%)^[30]。然而 REFLECT 系列、DEFLECT 系列及 CLEAN-TAVI 等 RCT 研究尽管揭示了 CPD 可减少 DWI 上梗死病灶数量和容积,但未能证实 CPD 与临床脑卒中事件间的显著性关联^[31~33],这可能与样本量、脑卒中的发生率低有关。此外,受经济因素、脑卒中发生率、脑保护操作带来的额外风险等因素影响,脑保护装置在 TAVR 人群的适应证仍需进一步探索。

心律失常

传导阻滞 由于心脏传导系统在室间隔膜部、瓣膜锚定区域附近走行,术中操作直接损伤、瓣膜压迫、局部水肿、炎症均可引起左束支传导阻滞(left bundle branch block, LBBB)、高度房室传导阻滞(high-grade atrioventricular block, HAVB)、完全性房室传导阻滞(complete heart block, CHB)、最终导致患者需要行永久起搏器植入术(permanent pacemaker implantation, PPMI)。目前认为,术后新发完全性左束支传导阻滞(complete LBBB, CLBBB)或 PPMI 与更高的 1 年全因死亡率、心力衰竭再入院率及左室功能恢复不良相关^[34]。术前合并传导阻滞如右束支传导阻滞、室间隔膜部短、左室流出道传导束区域钙化是术后 HAVB、PPMI 的危险因素^[35]。此外,手术操作如瓣膜植入深、瓣膜尺寸过大、选择机械膨胀瓣膜或自膨胀瓣膜与新发传导阻滞风险增加密切相关^[36],因而导致出院前 CLBBB(10.5%~52.3%)和 PPMI(5.9%~32.0%)的发生率在不同的研究中有较大差异^[34]。由于严重的传导阻滞可能对早期出院的患者带来较高的恶性事件风险,2019 年发表在美国心脏病学杂志的专家共识系统地评价了 TAVR 术后传导阻滞的预测因素和管理方案^[37],并针对传导阻滞进行了危险分层:①可早期出院患者;②HAVB 高危患者;③需要起搏器植入患者。这种分层的有效性在一项纳入 1 439 例患者的研究中得到了证实,根据危险分层的 3 组分别有 2.7%、41%、100% 的患者在 30 d 内接受了 PPMI 治疗^[38]。此外,除常规的心电监测手段之外,可提供长期心电监控的植入式设备或便携可穿戴设备在

TAVR 术后有传导阻滞风险的患者中也被证实了其临床价值^[39,40]。

心房颤动 TAVR 术前约有 1/3 以上的患者合并心房颤动,而术后可有 17.5% 的患者新发房颤,累计共有近 50% 的 TAVR 患者可在术后合并心房颤动^[41],与短期和长期的死亡、心力衰竭再入院、脑卒中及出血事件密切相关^[42,43]。高龄、心功能差、显著扩大的左心房、脑血管疾病史和选择非股动脉入路、术中血流动力学不稳定等多项因素与新发房颤的风险增高有关^[42],而新发房颤较无房颤和术前合并房颤的患者脑卒中的风险均显著增加^[43],因此 TAVR 术后房颤的抗栓管理是目前该领域的热点问题。POPular TAVI 研究发现,有抗凝指征的患者术后单用口服抗凝药优于抗凝联合氯吡格雷治疗^[44],而 2021 ESC/EACTS 指南同样推荐有抗凝指征的患者术后单用口服抗凝药^[45]。目前合并房颤的 TAVR 患者在房颤复律和节律控制、左心耳封堵治疗等方面尚无足够的证据。Watch-TAVI 是一项进行中的多中心 RCT 研究,对 TAVR 患者同时行 Watchman® 左心耳封堵治疗与 TAVR 联合药物治疗进行疗效比较,有望为合并房颤的 TAVR 患者管理提供更多依据。

瓣膜功能异常

VARC-3 中将瓣膜功能异常定义成结构性瓣膜退变(structural valve deterioration, SVD)、瓣叶血栓、非结构性瓣膜功能异常以及感染性心内膜炎四种类型^[3]。随着 TAVR 适应证拓展向低危人群,TAVR 术后瓣膜的长期耐久性(主要是亚临床瓣叶血栓和 SVD)受到了广泛关注。亚临床瓣叶血栓目前主要通过 CT 影像上的瓣叶增厚(hypo-attenuated leaflet thickening, HALT)和瓣叶活动度减退(reduced leaflet motion, RELM)来评价。Chakravarty 等^[46]发现,在 TAVR 术后中位时间 58d 行 CT 检查的患者中,13% 的患者出现了亚临床瓣叶血栓,与短暂性脑缺血发作事件增加相关。GALILEO 和 ATLANTIS 的 4D-MDCT 子研究提示抗凝治疗可以减少 HALT 和 RELM 的发生^[47,48]。此外,有文献提示瓣叶血栓形成后改用抗凝治疗是一种有效的治疗方式^[46]。

根据定义,SVD 是因植入瓣叶结构发生改变导致出现明显的主动脉瓣流速增快、跨瓣压差升高或者新发中度以上的瓣中反流。在 FRANCE-2 研究中,5 年重度 SVD 和中度/重度 SVD 的发生率分别为 2.5% 和 13.3%^[49]。PARTNER 2 研究 5 年随访结果发现,TAVR 的第一代球囊扩张瓣膜 SVD 和生

物瓣膜衰败发生率显著高于外科瓣膜置换,而在第三代球囊扩张瓣膜中则没有差异^[50]。而自膨胀瓣膜的 NOTION 研究提示,8 年随访期间 TAVR 出现 SVD 的风险低于 SAVR (13.9% vs 28.3%)^[51]。Long 等^[52]一项纳入 10 031 例患者的荟萃研究发现,TAVR 术后 1 年内 SVD 发生率为 4.93%,而在超过 5 年的长期随访过程中,8.97% 的患者会发生 SVD。同时,该研究发现抗凝药物的使用可以减少 SVD 的发生^[52]。

其他

除前述外,TAVR 术后也可出现瓣周漏、急性肾损伤等并发症。其中瓣周漏是 TAVR 术后常见的并发症,在早期的 PARTNER I 研究中,30d 中重度瓣周漏的发生率为 12.2%^[53],有荟萃分析提示术后合并中重度瓣周漏患者 1 年死亡风险升高 2.1 倍^[54]。随着手术策略以及新一代器械裙边设计的进步,在低危 RCT 研究里中重度瓣周漏的发生率仅 0.8%~3.5%^[6,12]。TAVR 术后急性肾损伤亦较为常见,与术中造影剂使用、再灌注损伤相关,缩短手术时间、减少对造影剂的使用可能有助于降低其发生率。而对于 TAVR 术后生存情况,在 PARTNER 系列研究中,外科手术高危、中危的患者 TAVR 术后 30 d 全因死亡率分别为 3.4% 和 3.9%^[53,55],5 年全因死亡率分别为 67.8% 和 46.0%^[56,57];在 PARTNER 3 的低危患者研究中 TAVR 术后 30d 死亡率仅 0.4%^[6];而在随访已达 8 年针对低危人群的 NOTION 研究中,TAVR 术后 8 年的存活率为 51.8%^[51]。TAVR 术后长期随访的证据正逐渐积累,目前研究提示 TAVR 术后长期生存率均与外科瓣膜置换手术相似,期待 PARTNER 3 和 Evolut Low Risk 研究的 5 年随访结果为 TAVR 提供更多依据。

结语

目前全国各大中心手术量逐年增加,更加精细化的术前评估、不断积累的手术经验以及新一代器械的发展使一些常见并发症如瓣周漏、血管并发症的发生率逐年下降,然而随着适应证拓展至低危人群,冠脉再介入难度、瓣膜耐久性受到了广泛的关注,TAVR 术后早期出院的理念亦对术后传导阻滞的预测识别和管理提出了更高的要求。此外,隐性脑卒中和认知功能、脑保护装置依旧是当下研究的热点。相信随着对 TAVR 术后并发症更加深入的探索,TAVR 可以在更多中心成为一项安全的常规技术。

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